/39 cont./

782 among the articles so laid out, with a "chikila" (a kind of
755 veil) on his head, and begs, "Adgil-ankhu, Atula-ankhuse, grant him your favor! Give him firmess of head, heart, and body! Give him color, skin, and bone! Give him back the will to speak and to work! Give him strength! Deliver him from evil," etc. In the same way she also prays to Adabna. After this, she removes the chikila from the sick person with a nut-twig, raises him, strikes him on the back with a whip, and says, "Go, from this day I grant you freedom (azati)," and then both go home. At home a loaf of millet-bread is broken in two; two women each take a half and stand on the two sides of the hearth opposite each other; the sick person passes three times between them under the loaf, while one of the women exclaims, "Give me the one who has assumed the Hebrew belief," and the other, "Give me the convert to Christianity."

753 The Abkhaz is convinced that the invisible being that
755 settled in the sick man hastens immediately upon leaving him to enter someone else, and so, to help him find a new victim, they pray to him at the crossroads, where there is a continuous /40/ traffic of people, and, subsequently, a victim is always found it is unnecessary to search very long. And since an illness can be caught from a spot where a person accidentally fell or sat down, the rite of appeasing the
[823] earth must be performed on the very same spot of the falling or sitting from which the sickness originated; the doll must be buried on exactly the same spot. This is why, in order not to catch something evil from the spot where he sat down,
[789] the Abkhaz spits three times on getting up and says, "Here stood the house and courtyard of my grandfather!"

2.

The Ceremony in Honor of the Water

782 When someone is ill for a long time with a fever, a
755 female fortune-teller is asked for advice and help; she usually
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/40 cont./

782 prescribes a prayer to the water, which is thought to be the
755 cause of the illness. Since the protectress of the waters,
[791] the "Mother of Water," is a woman, a sinless old woman is invited to the ceremony.

776 A large, clear, inaccessible fresh-water lake is thought
[778] to be the residence of the "Mother of Water"; she may also dwell in a pure spring, untouched by anything unclean, such as a pig, etc. The "Mother of Water" sometimes comes out of her dwelling to the shore, and at that time anyone may see her. This is how the Abkhaz describe this "Mother of Water." She is a most beautiful, bewitching woman; her locks are incomparable and chestnut in color; her eyes are laughing. The Abkhaz who has been bewitched by her talks
753 to his comrades thus: "Eh, brothers, I have been vanquished
776 by the 'Mother of the Water,' and from now on I no longer
539 belong to your society. Recently I rode into a dense forest and saw a table spread there under a big oak; a mirror and a lighted candle stood nearby; the 'Mother of the Water' was sitting in front of the mirror, smiling at her own beauty and combing her long hair, which reached the ground. My arms fell to my sides from exhaustion; I could not take my eyes from that wonderful vision. When she saw me, she quickly arranged her hair and came towards me. I felt giddy... Without a word she raised all ten fingers, asking me, 'Are you willing to be my husband for ten years or not?' I shook my head, but she would not stop, and with the proper number of fingers raised, she offered me in turn nine, eight, seven years, and so on /41/ of marriage. As I kept on refusing, she finally raised her last little finger and fixed her gaze upon me. I immediately gave my consent..." (1).

1. "Etnograf. pis'ma iz Abkhazii /Ethnographical letters from Abkhazia/," Konst. Machavariani, Droeba, 1884-1885.

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782 The "pure" old woman who was invited to the ceremony,